

# AYReports



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YOUR OFFICIAL NEWSLETTER OF THE ASSOCIATION OF YMCA RETIREES

## A New Slate Of AYR Officers For 2011-2014

By Bob Rule

**AYR** officers for the 2011-2014 term will be voted on by the General Council and will officially take their positions Oct. 1, 2011. The election is held a year in advance to allow the new officers a year to become familiar with the duties and operations of the organization. The terms revert to the three-year cycle beginning next October.



Len

Len Wilson of Strathmere, N. J., has been nominated to succeed Julius Jones as President. Len, a 40-year career YMCA director, was a self-described “bit of Y brat” as a youth. He served as a professional in Ys in Norfolk, Va.; Louisville, Ky.; Red Bank, N.J., and Philadelphia, Pa., and as East Field executive for Y-USA. He finished his career as Secretary General of the Jerusalem International YMCA.

Len has been a leader of a Y-USA/AYP Learning Circle since retiring in 2005. Len has been co-editor of *Bridges*, the newsletter of the World Fellowship of YMCA Retirees, along with his wife. Len is a member of the McBurney-Morse Chapter.

Jack Tillman is nominated as Vice President/West and lives in Altadena, Calif. Jack has worked as program director, senior program director, and executive director, beginning his career in 1972. He is a member of the Lyon Chapter and is its membership chair and newsletter editor. He is treasurer of AYP Chapter 81. He is a facilitator for a Learning Circle and is registration and promotion chair for the 2011 AYR reunion.



Jack

Nominated for Vice President/East is David Bast of Warrenville, Ill. He holds AYR memberships in the Messer, Brandenburg, and Hoosier-Buell Chapters. Dave worked in camping and youth programs in his early years as a YMCA professional, later in membership, marketing, and financial development. He retired as Vice President/COO of the Naperville, Ill. YMCA.



David

He is a member of the Aurora University/George Williams College Alumni Board. He presently is AYR Webmaster.



Bob

Vickie Hennessey, Secretary-elect, was a field consultant for Y-USA, providing services to more than 30 associations. She was also a placement coordinator and campus recruiter and staff director of the Committee on Membership Standards. Vickie was active in AYP as board member and secretary of the former Administration Section board and treasurer of the national board. Vickie is president of the Upper Midwest Chapter.



Vickie

Rich Hill is nominated to continue as Treasurer of AYR for a second term. He is a certified public accountant who became Chief Financial Officer of Y-USA, later moving to the YMCA Retirement Fund in the same capacity. He continues to represent the Fund in retirement as liaison to AYR. He is a member of the Grand Canyon Chapter. Rich is a resident of Green Valley Ariz., and Estes Park, Colo. ♦



Rich

Bob Rule, past president of AYR, is chair of the 2011-2014 Nominating Committee. E-mail: [bbobhpnc@northstate.net](mailto:bbobhpnc@northstate.net).

## AYR POP POLL:

# All About AYR Membership

There are many changes in the works and already underway for AYR as a formal strategic plan continues the lengthy process of being developed. So, perhaps this is indeed a good time to “spot check” your feelings about your organization. Once again, about a third of our membership took time to respond — way above an average survey response. ♦

### 1. What is the single most important benefit to you of being an AYR member?

Staying in touch with friends and former colleagues through AYReports newsletter, chapter newsletters, and www.Yretiree.org	52%
Attending cluster, chapter, and national events or reunions and reuniting in person	19%
Staying connected to the YMCA	36%
Being able to participate in the Emergency Assistance Fund	3%

### 2. What are the best kinds of chapter meetings? (check only one)

Those that have an interesting educational component	6%
Those that include tours, concerts, shows, travel	7%
Good meals and a chance for plenty of fellowship	12%
Meetings that combine all of the above	77%

### 3. What is the most important thing AYR can do on a national level? (check only one)

Manage the database and records	13%
Find a way to create a unified chapter and national membership	12%
Expand communication with more frequent newsletters and Web content	12%
Serve as a recruitment base for new member	7%
All of the above	59%



The YMCA built more than 1,000 community facilities — dubbed “Manhood Factories” by the author — around the world between the Civil War and the Great Depression. Architectural Historian Paula Lupkin takes readers behind the reserved Beaux-Arts facades of those typical YMCA buildings. The 312-page book includes 137 images and is published by University of Minnesota Press. The clothbound edition is \$82.50; paperback is \$27.50. To order call (800) 621-2736, order online: [www.upress.umn.edu/Books/LL/lupkin\\_manhood.html](http://www.upress.umn.edu/Books/LL/lupkin_manhood.html).

## What's In Our Names?

This is the first in a series that lets us meet the real person behind an AYR chapter name. The research has been done by AYR Archives/History Chair Stew Brown and verified by the chapters. Look for a new installment each issue as space allows.

Meet the name behind the William S. Chambers Chapter, whose members reside in Ohio and West Virginia.

Bill Chambers (1891-1973) had a progressive career, starting

in Chicago, then Minneapolis, and on to Ohio serving as Boys Work Secretary on the Ohio State staff in 1926, followed by a term as executive of the new Northwest Area YMCA. He returned to Ohio



Bill Chambers

in 1942 as executive until his retirement in 1953. He continued to be involved as executive of the Employed Officers Alliance and teaching at George Williams College, Lewis and Clark College, and Howard University.

His secretary said of him upon his retirement: “By personal service and simple acts of kindness, he gave generously of himself, a creative leader with an enthusiasm that was contagious, that indispensable sense of humor, a Christian spirit which was so much a part of him, and a quality to make people like and understand themselves a little better.” Bill’s personality and dedication were part of the foundation of YMCA professionalism. ♦

# EAF: On My Mind

By Dale Ventres

I sincerely compliment our 23 EAF Representatives, who are responsible for creating the nice results you will see in the accompanying chart.

My highest praise however is reserved for you, our super fabulous, most generous AYR members, who have given so much for our fellow men and women.



Dale

What makes me proud is we pledge a higher average gift than actives. Ours is \$106.04 compared to AYP members at \$100.64

for a difference of \$5.40 per contributor. That is true devotion, especially considering the continuing effect of inflation which has seen our YMCA monthly annuity dwindling.

Our second quarter EAF giving increased greatly and I happily share these facts:

We reported 272 gifts totaling \$35,096 on June 30, 2009. We reported 598 gifts totaling \$63,414 on June 30, 2010. The increase this year is 326 gifts for \$28,318. Please take a bow.

Following is a list of EAF Chapter Representatives:

Brandenburg–Bonnie Litz; Central Atlantic–Winifred Reuschle; Chambers–Jack Doughty; Ellenwood–Joe McCranels; Harbison–Dick Snead; Hoosier-Buell, Ind., Lou Drexler and Neil Allen, Mich.; McBurney-Morse–Bob Pilgrim; Messer–Thomas

Scott; New England–Bob and Nancy Hoffman; Weatherford–Clarke and Jan Mitchell; Willis–Jeri Cushman; Allen Stone–Scotty Washburn, with Hawaii cluster–Bobby Stivers; Grand Canyon–Peg Andrews, with Weidensall cluster Norma Hansen; Greater Ozark–Ted Hawkins;

Lyon–Quin Gustason; Marston–Bill Parkhurst; McCoy–Pearl Carpenter; Upper Midwest–John Traver; Mott–Chuck Pletke; Schreiner–Bill Ellisor. ♦

Dale Ventres is AYR Chair of the Emergency Assistance Fund. E-mail: [dventres@aol.com](mailto:dventres@aol.com).

## Comparison of 2nd Quarter Pledges to EAF — 2009 and 2010

Chapter	Thru June '09		Thru June '10	
	No.	Amt.	No.	Amt.
Allen-Stone*	9	1,875	25	3,100
Brandenburg	4	290	12	1,085
Central Atlantic	13	1,440	23	2,415
Chambers	20	3,575	37	4,115
Ellenwood	4	503	12	881
Grand Canyon**	16	920	26	2,355
Greater Ozark	16	1,340	19	2,075
Harbison	1	25	3	135
Hoosier-Buell	41	3,235	47	4,025
Lyon	13	2,300	27	3,559
Marston	5	300	12	1,026
McBurney-Morse	1	1,000	12	1,880
McCoy	6	1,230	18	2,430
Messer	10	995	16	1,790
Mott	1	100	5	800
New England	15	1,740	40	4,275
Schreiner	10	1,225	30	3,040
Upper Midwest	9	820	22	2,055
Weatherford	16	4,395	40	5,835
Willis	21	3,253	38	4,280
Chapter Pledges	231	31,561	464	51,156
Non-chapt. Pledges	41	3,535	134	12,258
Grand Total	272	35,096	598	63,414

\* Hawaii in Allen Stone

\*\* Weidensall in Grand Canyon

# The Retirement Fund's Annual Report Is Out

By Vanessa Boulous

The YMCA Retirement Fund has released its fiscal year 2010 Annual Report, *Strength in Uncertain Times*. Open it up and you will find:

**FROM THE CEO:** As we close out another decade in the 88-year history of the YMCA Retirement Fund, President and CEO John M. Preis points out the many ways the Fund has demonstrated strength in uncertain times. The stock market has experienced periods of healthy recovery since the extended market downturn of 2008 and 2009. Still, there are many questions ahead surrounding the European debt crisis, Washington's fiscal policy, financial regulation, the massive government deficits, and the Federal Reserve's monetary policy. Fortunately, the Fund is guided by its strong, thoughtful, and proven long-term investment policy, its outstanding Board of Trustees, and talented management team.

**ANNOUNCING THE RETIREE RESOURCE PROFILE SYSTEM:** The Fund's Web site has a tool for retirees who wish to lend their skills to the YMCA in temporary leadership positions. It went online in September. The Retiree Resource Profile System allows retirees to create their own profiles listing their accomplishments, skills, and career highlights. YMCAs with temporary leadership positions to fill will be able to search for

experienced and seasoned retired YMCA professionals.

**2010 GENERAL ASSEMBLY OF YMCAs:** The Fund was pleased to participate in the 2010 General Assembly of YMCAs in Salt Lake

City, Utah, in July. Each day, hundreds of visitors stopped by our booth to ask questions, check their account balances online, and chat with our representatives about their savings. Most of them expressed confidence and support in the Fund's approach to retirement planning and management. ♦

*Vanessa Boulous is Senior Vice President for YMCA Relations at the YMCA Retirement Fund. E-mail: [boulous@ymcaret.org](mailto:boulous@ymcaret.org).*



Vanessa

## WHATEVER HAPPENED TO...

### The Logo?

By Ryan Bean

A new YMCA logo has been unveiled recently. The old logo was filed for early retirement having served the Movement well for the past 43 years.

One might think that 43 years would make it the longest-lasting logo in YMCA history. But, it's not.



Ryan

That honor goes to the logo deployed in 1917 as the Y went around the world in support of our armed forces during WWI. That logo was with us for 50 years and was adopted, and is still used, by many YMCAs around the world.

The logo is a great example of the organic nature of YMCA development. It was formed out of the red triangle proposed by Luther Gulick in 1891. Gulick was director of physical education programs at Springfield College, and later, along with his wife, founded the Campfire Girls.

The triangle was a departure from the YMCA badge or emblem, which was adopted worldwide in 1881. It contained a circle, the Greek letters Chi and Rho, and a Bible open to John 17:21. This is still used by the World Alliance of YMCAs.



Broad adoption of the triangle did not happen overnight. There was a bit of controversy as Gulick sent letters to Ys across the country encouraging them to vote on adopting the triangle as the official logo for the American Movement. Gulick's equilateral triangle, despite the rough start, eventually became the basis of identifying the YMCA around the world. ♦

*Ryan Bean is Research and Outreach Archivist at the Kautz Family YMCA Archives. E-mail: [benx029@umn.edu](mailto:benx029@umn.edu).*

# EDITOR'S NOTEBOOK:

## "It's Fun To Stay At The Y-M-C-A"

By Craig Altschul

*No man does it all by himself*

*I said young man, put your pride on the shelf*

*And just go there to the Y.M.C.A.*

*I'm sure they can help you today*

*It's fun to stay at the Y-M-C-A...*

One thing struck me loud and clear on that July day when the YMCA of the USA publicly announced its rebranded look, logo, and purpose (the mission remains unchanged) at the National Press Club in Washington, D.C.

It was that the lovable, earworm-causing disco song made famous worldwide by the Village People 42 years ago got more attention than the YMCA's announcements. TV news anchors everywhere

teased or bumpered their reports with the song and video. All reporters wanted to chat about was "The Song," not "The Y." As a wise man once said: "Shoulda seen it coming."

"We are deeply dismayed by today's announcement from the YMCA that they feel a name change and a rebranding are in order after 166 years," the Village People said in an official statement. "Some things remain iconic and while we admire the organization for the work they do, we still can't help but wonder Y."

Bob Harlan was CEO of the National YMCA then. He sought my advice after the song debuted and had become an instant smash hit. "What do you think I should do?" I suggested he take credit for it.



Craig

doesn't include untold millions of mobile phone ringtones.

Go to any ballpark on the planet and join in the animated, arms-in-the-air sing-along fun. Wedding receptions, camps, schools, roller and ice rinks — it's a staple. Visit the London Central YMCA to see the signed guitar the group donated. Remember the Village People revving up our troops on a Bob Hope Christmas tour TV special?

The Village People (a bit longer in the tooth, but aren't we all?) still tour internationally. You can bet those three now-lamented extra letters (MCA) will still be there and everyone in packed concert halls will be on their feet singing it and forming the letters.

No individual. No group. No ad agency. No PR firm. No one has done remotely as much to make that "word" — YMCA — a household, top-of-mind icon as have the Village People. The price tag for buying that amount of publicity would be in the gazillions.

Today, the YMCA, nee "The Y," is a vast, culturally diverse, unparalleled success story. We are — or certainly, should be — ready to recognize the Village People in the YMCA Hall of Fame at Springfield College. Wouldn't that be a hit? ♦

*Craig Altschul is Editor of AYReports and served as the National Board of YMCAs Communications Director in the 1970s. E-mail: caltschul@earthlink.net.*



The Village People

The YMCA threatened to sue for "copyright infringement," but wisely never actually followed through.

The song was originally perceived as a gay culture anthem for about a "minute in time." Families, kids, men, women, and just about everyone leaped on its bandwagon. The song has sold 15 million copies and that most certainly

# Chapter Check-In

... Check the record books. Members of the **Weidensall** Cluster of the **Grand Canyon** Chapter lured 20 members (a record) to lunch at the Country Buffet in Westminster, Colo., in late June. The lunch length may have set a record, too. It went for three hours of conversation and return trips to the buffet. **Laurie** and **Pat Beymer** hosted the session. Guests also included **Clark** and **Nancy Lupton**, chapter co-presidents, and **Lou Glass**, chapter cluster coordinator. **Ned Linegar**, 96, was applauded for his continuing participation ...

... **Walt Price** tells us the Ellenwood Chapter is inviting members of the New England, **McBurney/Morse**, **Central Atlantic**, and **Harbison** Chapters to a Spring Fling (that's May 24-25-26, 2011) at the Silver Bay YMCA of the Adirondacks at Lake George, N.Y. Walt says, "If you are travelling at the time, perhaps visiting grandchildren, etc., you will be welcome." Registration details will be sent to those chapters soon ...



*Marston Chapter members enjoy a summer picnic.*

... Cruise with the **C.B. Willis** Chapter as they celebrate the 75th anniversary of its founding. Depart Tampa Feb. 5 and return Feb. 10. The trip is available to all AYR members and friends. Visit ports of Cozumel and Costa Maya and, while there, uncover secrets of the ancient Mayans. Book your cruise at Go Travel (800-800-7703) ...

... The Skirball, described as a "stimulating, informative, and beautifully designed" Jewish Cultural Center in Los Angeles, served as the destination for members of the **D. Willard Lyons** Chapter in mid-August. Biblical heritage covering 4,000 years is told through a variety of interactive methods. Lunch was served at Ziegler's Restaurant inside the center ...

... It was a follow-up to a terrific reunion in Frankenmuth, Mich., in May as 25 members of the **Hoosier-Buell** Chapter enjoyed a summer picnic in July at Red Bridge Park in Cicero, Ind., on Lake Morse. Lou Bergman entertained on her accordion, while Clark Ewing led the singing. **Terry Jones** took

members around the lake in his boat, while everyone enjoyed the brats and burgers provided by **Dorothy** and **Don Reap** who have hosted the picnic for the past 15 years ...

... Ah, those fall colors. Join the **Weatherford** Chapter for its Fall Festival, Sept. 20-22 at the **YMCA Blue Ridge Assembly**. Mica White,

an award-winning storyteller, will entertain Monday evening. Tuesday will begin with songs by the Warblers; **Betty King** will share ways to write your own memoirs; **Sharon** and **Glenn Mease** will report on their experiences teaching in China; and **Rich Hill** will update all on the YMCA Retirement Fund. The Pineville MsSteps will present a revue in the evening, along with a World Service auction and the ever-popular Cookie Crunch. It ends Wednesday morning as **Bill** and **Jean Fesperman** conduct the Memorial Service ...

... There's a Philadelphia Mural Tour by members of the AYR **Central Atlantic** Chapter just as this edition of *AYReports* is landing in your mailbox. The tour is powered by the PHLASH trolley and begins at the Independence Visitors Center. Here's the fun part. Lunch will be at the Le Meridean Hotel, which is the former **Philadelphia Central YMCA** building. Members will get a tour of the "new hotel/old Y," where the original swimming pool is still used by guests. Next up: A Christmas show and lunch at Starflight Theater in Beach Haven, N.J. ...

... **The Hankerin' Hillbillies** made their way to San Diego this summer as the **Marston** Chapter members enjoyed a picnic, fellowship, and a musical production of Ozark mountain folks, feudin' families, man-crazy girls, visits from the "Guv'mint Man" and lots of foot stompin' to bluegrass music ...

... Members of the **McCoy** Chapter enjoyed lunch at their annual July gathering at the South Lake Tahoe home of **Doug** and **Ginny Sprague**. Doug took two

groups for boat rides through the Tahoe Keys into Lake Tahoe, certainly the highlight of the day. Next up: *Reno Rendezvous*, Sept. 28-30. Cartoonist Brian Crain, creator of *Pickles*, will be a guest speaker. His award-winning strip is all about Opa and Earl. The event will be at the El Dorado Hotel and includes an evening in the showroom for Le Grande Cirque ...

... Deadline for sending chapter news and photos for the November-December issue of *AYReports* is Oct. 1, 2010. E-mail to the editor: caltschul@earthlink.net. ♦

# International Study Tours Beckon YMCA Retirees

By Chad Nico Hiu

It has been said, "The world is not a book and those who do not travel read only one page." The



Chad

YMCA Study Tour Program of the International YMCA Branch of the YMCA of Greater New York provides YMCA

retirees, volunteers, staff, and members from across North America with an inspiring, moving, experiential learning and service opportunity.

Annual tours take place to Jerusalem/Jordan and South Africa, with Peru on the schedule, beginning in 2011. The program aims to help participants grow as global citizens and gain a better understanding for the breadth, scope, and power of the YMCA as a global social Movement.

A key goal of the program is that tour groups leave behind a sustainable, meaningful impact of some kind, utilizing the strengths and combined experience of the group to help strengthen the YMCAs visited.

"This tour was magic — everything about it was perfect; the group, the itinerary, the lectures, the YMCA program visits, the food, the accommodation — everything," says Kate Soudant, YMCA retiree and

2010 Jerusalem/Jordan Study Tour participant. "Being there brought to life all the articles, books, and media coverage of the area, reminded us of our part in the history of the world. It was the trip of a lifetime." Participants swam in the Dead Sea, walked in Nazareth, and played with children in the Jerusalem International YMCA's Peace Preschool among other experiences.

"The greatest need for our counterparts in Cape Town is staff training and other sustainable resources, both programmatic and financial," reports Michelle LaRue, Director of Media and Community Relations for the YMCA of Pierce and Kitsap Counties in Tacoma, Wash., who participated in the YMCA's So. Africa Study Tour last December.

"We witnessed unthinkable living conditions of local youth, and interacted with hundreds of children whose lives are better because of the YMCA. The resiliency and passion exemplified by the staff and volunteers of the Cape Town YMCA served to remind us all of the heart and spirit at the core of the global YMCA Movement," she said.

For information regarding future YMCA Study Tours, or to get involved in supporting the work of the YMCA in Jerusalem or South Africa, click to [www.internationalymca.org](http://www.internationalymca.org) or e-mail the author. ♦

Chad Nico Hiu is Program Director of the International YMCA of New York City, N.Y. E-mail: [chiu@ymcanyc.org](mailto:chiu@ymcanyc.org).



(Top) Join in the sundae celebration at Silver Bay with the Ellenwood Chapter next spring; (Bottom) Members of the McCoy Chapter at Lake Tahoe.

# Retirees Reunite At World Council Of YMCAs

By Don Anderson

Retirees from around the world gathered in Hong Kong July 19–24, 2010 for a meeting of the World Fellowship of YMCA Retirees (WFYR). Some 35 retirees came from Africa, Asia, Europe, Latin America, the Middle

East, and North America.



Don

It was a reunion of old friends for many, after working together decades earlier. The WFYR conference was held at the YMCA's Wu Kwai Sha Youth Village in conjunction with the 17th World Council of YMCAs attended by 1,100 global YMCA enthusiasts.

WFYR traces its beginnings to an international retirees conference held at Geneva Park, Canada, in 1994. Since then, three WFYR conferences have followed. These were held in 1997 at Blue Ridge; 2000 at Estes Park; and 2003 on NAFYR's Caribbean cruise. The Hong Kong WFYR conference was historic as it was the first time YMCA retirees have been granted spaces by the World Alliance of YMCAs for a YMCA World Council.

Our delegates held their own sessions where they heard reports of retiree activities from various geographic areas and held discussions on issues of interest. These included the Secours Speciaux Emergency Fund; the role of YMCA retirees in the Movement;

and the Global Retirement Initiative for developing countries.

Outgoing World Alliance Secretary General, Bart Shaha, and incoming Secretary General, Johan Willhelm Eitvik, made special presentations to our group.

Retirees also enjoyed a presentation on the YMCA of China from Jen Wei, China's National General Secretary, and a historic review of YMCA work in Hong Kong from Peter Ching and Shiu Wing Fung, Y retirees. All this was further enriched by the inspiration and activities associated with being included in the YMCA World Council.

AYR members in attendance included Don Anderson, Jerry Glashagel, Prescott Johnson, Bonnie Mairs, Jerry and Martha Prado Shaw, Bob Rule, and

Virginia Stout. The meeting marked the passing of the WFYR gavel from Don Anderson to Jerry Prado Shaw.

Previous WFYR Chairmen have been Bill McAllister, Prescott Johnson, and Adrian Moody. Continuing are Dottie Eley as treasurer, Bonnie Mairs for Secours Speciaux, Stew Brown for communications, and Len and Joyce Wilson as the *Bridges* newsletter editors. Hank Bagelman will become Vice Chair for the USA area.

WFYR's primary role is to provide fellowship and connection between

retirees on a global basis. This includes linking the large organized groups like Australia, Canada, Germany, India, Japan, UK, and USA as well as retirees isolated in countries where there may be only one or two retirees. WFYR plays an important role of linkage through the *Bridges* newsletter that is sent quarterly to YMCA retirees around the world.

More than \$40,000 in generous contributions made attendance at the Hong Kong conference possible for retirees from Africa, Latin America, and South Asia. Many of these



Bonnie Mairs (Left) and Jerry Prado Shaw (Center) chat with Jin Wei (Right), Acting General Secretary of the YMCAs of China.

retirees are true YMCA heroes and it was great to show them they have not been forgotten.

A highlight for Americans at the World Alliance was the election of Ken Colloton as president of the World Alliance of YMCAs. Ken is the immediate past chair of the Y-USA board. ♦

Don Anderson is immediate past chair of the WFYR. Contact him for information on joining at [ymcadon@mac.com](mailto:ymcadon@mac.com).

# Advance Care Planning: Honoring Your Choices

By Jack Cole

You can take steps to make sure your health care team carries out your health care wishes. You can protect this right by putting your choices in writing. This written document is called a Health Care Directive. It is a way to do this while you are healthy and able to make your own decisions.



Jack

The first recorded advance directive in history is found at the very end of the Book of Genesis, as an aging Jacob calls his son Joseph to his side and commands the following:

“If now I have found favor in your sight, put, I pray you, your hand under my thigh, and deal kindly and truly with me: bury me not, I pray thee, in Egypt; but when I sleep with my ancestors, you shall carry me out of Egypt, and bury me in their burying-place.”

Jacob achieves two essential goals through this action. He designates whom he wants to make a decision about his final wishes, and he specifies what he wants.

There was potential for great chaos in the Patriarchal Care Unit of Goshen General Hospital if all Jacob’s heirs offered their opinions at once. After all, Jacob had 12 adult sons and one daughter. It could have gone something like this:

- “Papa wants to be buried back in Canaan.”
- “No, Papa considered Egypt his adopted home and wanted to stay here.”
- “Papa wouldn’t want to burden us with the expense of an out-of-town burial.”
- “If we owe Papa nothing else, it is a final journey back to the land of his birth.”
- The family vote: 6 to 5 with one abstention. Will the five be able to live with the decision of the majority? Will this mean another family schism? Hasn’t this family been through enough?
- A modern version of this imagined scenario plays itself out daily in hospitals across the country.
- Patients reach a point where they are no longer able to speak for themselves. Family members are often in a quandary if their loved one has not designated a proxy decision-maker or spoken with them about their preferences.
- Strong emotions come into play such as doubt, guilt and anger.
- Advance Care Planning is a process of shared decision-making. It can help to assure that decisions continue to be made consistent with your values and preferences.
- A Health Care Directive is a tool to communicate your values, preferences, goals, and wishes at end of life.
- A second value involves thinking about, discussing, and documenting the “what ifs” (possibilities we’d probably all prefer to avoid thinking about): What if I develop a terminal illness or I’m critically injured? What if I’m told I have a short time to live? What if I can’t communicate what I want and don’t want? Whom do I trust to be my advocate?
- Determine whom you want to make decisions if you couldn’t. What would be the goals of treatment if you permanently lost the ability to meaningfully know who you were, who you were with, or where you were? Do you have any religious, personal, or cultural views that would affect treatment choices?
- Every adult who has decision-making capacity has the legal and moral right to decide whether to accept or refuse health care or medical treatment, including at the end of life. ♦

## RESOURCES:

Go online to:

<http://www.caringinfo.org/stateadownload>. Read an Advance Care Directive for your state.

[http://www.merck.com/pubs/mmanual\\_ha/sec2/ch16/ch16c.html](http://www.merck.com/pubs/mmanual_ha/sec2/ch16/ch16c.html). Read this section of the Merck Manual.

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## GOLDEN TREASURES

- 73 Years** Freeda and Bob Apgar, Orange City, Fla., Sept. 4
- 64 Years** Marilyn and Clark Ewing, Ann Arbor, Mich., Sept. 4
- 63 Years** Bess and Bob Simpson, Birmingham, Ala., Sept. 10  
Audrey and Len Covello, Prescott, Ariz., Sept. 27
- 62 Years** Betty and Dale Soble, Winter Haven, Fla., Sept. 11  
Ada and Dick Taylor, Walla Walla, Wash., Sept. 18  
Dorothy and Robert Karmgard, Chicago Ill., Sept. 25  
Janet and Dick MacNulty, Kensington, Conn., Oct. 30
- 61 Years** Dorothea and (Teddy) George Lazar, Verona, Pa., Sept. 3  
Ericka and Mike Andrassy, Almonite, Ontario, Sept. 17  
Martha and Ray Bardin, Rowlett, Texas, Sept. 30  
Cynthia and Jim Hogan, Cleveland, Ohio, Oct. 22
- 60 Years** Buena and Scotty Washburn, Salem, Ore., Sept. 3  
Shirley and John B. Tisdale, San Diego, Calif., Sept. 5  
Jean and William Fesperman, Barnardsville, N.C., Sept. 9
- 59 Years** Phyllis and John Barclay, Southwick, Mass., Sept. 8  
Ann and Jack Cole, Golden Valley, Minn., Sept. 21  
Claudean and Sam Bixler, Chandler, Ariz., Sept. 28  
Erma and Robert Sanders, Richmond Va., Sept. 29  
Ruth and Fulton Johnson, Rustburg, Va., Oct. 21
- 58 Years** Elizabeth and Don Rea, Albany, Ore., Sept. 6  
Keitha and Russ Davey, Orillia, Ontario Sept. 20
- 57 Years** Hope and Tom Patton, Dover, Ohio, Sept. 15  
Phyllis and Norb Wittmer, Mt. Prospect, Ill., Sept. 26  
Martha and Don Vreeland, Traverse City, Mich., Oct. 28
- 56 Years** Margaret and Harold Gilmour, Mercer, Pa., Sept. 5  
Gretchen and Roy Nelson, Fredrick, Md., Sept. 11
- Mary and Howie Merrick, Hamilton Square, N.J., Sept. 11  
Arlene and Tom Hetrick, Pigeon Forge, Tenn., Sept. 18  
Florence and Don Toft, Sioux Falls, S.D., Sept. 24  
Virginia and Robert Varner, Shippensburg, Pa., Oct. 9  
LaVergne and Jim Davis Highland Park, Ill., Oct. 9  
Libbie and George Melichar, Indian Head, Pk., Ill., Oct. 16
- 55 Years** Mary Ann and Les Sommers, Glen Ellyn, Ill., Sept. 4  
Mary Alice and Dick Davis, Vineland, N.J., Sept. 5  
Betty and Al Olson, Oak Run, Calif., Sept. 10  
Beverly and Alfred Hanson, Douglas, Mass., Sept. 10  
Juanita and Ed Jezek, Edmond, Okla., Sept. 17  
June and Dan Harris, Pickens, S.C., Sept. 24  
Barbara and Alexander Smolensli, Scotia, N.Y. Sept. 25  
Ann and Bruce Daube, Weatogue, Conn., Oct. 8  
Mary and Don Galleher, Glendale, Calif., Oct. 15  
Carol and Bob Davis, Dearborn, Mich., Oct. 22  
Sylvia and Earl Guernsey, Fostoria, Ohio, Oct. 23
- 54 Years** Virginia and Whitey Luehrs, Bloomington, Minn., Sept. 15  
Barbara and Joe Morgan, Edgewater, Fla., Sept. 22  
Helen and Wayne Reeve, Greer, S.C., Oct. 7  
Betty Lee and Edward Horner, Cleveland, Ohio, Oct. 13  
Laura and Harry Leshner, Rochester, N.Y., Oct. 28
- 53 Years** Nancy Jo and Bob Hoffman, West Hartford, Conn., Sept. 7  
Barbara and David Blackman, Greensboro, N.C., Sept. 7  
Joyce and Donald Leak, Camano, Wash., Sept. 8  
Lois and Jack Doughty, Lewis Ctr., Ohio, Sept. 14  
Beverly and Armond Ball, Sanibel, Fla., Sept. 15
- 51 Years** Redonia and Don Coppedge, Phoenixville, Pa., Sept. 5  
Anne and DeWitt Martin, Atlanta, Ga., Sept. 20
- 50 Years** Marge and Don Davis, Kansas City, Mo., Sept. 10  
Julie and Larry Hartog, Chandler, Ariz., Sept. 16

Send your Golden Treasure listing to Clark Koechel, N7576, Sandy Beach Road, Fondulac, Wis. 54935. E-mail: ick2@charter.net. Deadline for November-December listings is October 1.

## New Hall Of Fame Class Is A History Lesson

There's a new goal: "Elevating the YMCA Hall of Fame to a level commensurate with our institutional legacy."

The Class of 2010 brought the Hall of Fame back to its heritage with the induction of numerous early leaders and,

for the first time, volunteers. The class was announced at the Y-USA General Assembly in Salt Lake City in July.

Enjoy the complete 2010 Hall of Fame brochure with bios of each inductee at the AYR Web site ([www.yretiree.org](http://www.yretiree.org)). ♦

## A THOUGHT FOR YOUR DAY

### Gifts Of The Spirit

By Bruce Tamlyn

**P**aul beautifully deals with the topic of spiritual gifts in chapter 12 of his first letter to the Corinthians. He is clear about three things.

First, that there are a diversity of gifts but the same spirit, meaning there are many different gifts but that they come from the same



Bruce

source. Second, Paul begins to list some of the different gifts. This is not an exhaustive list, but serves to give us examples of the different types of gifts.

Third, and most important, Paul is clear that each person has been given a gift. No one has been left off the list. Paul confirms this when he says, "Distributing to each one individually." It seems appropriate to assume that Paul's intention here is

to inform each of us that we have a gift and that it is to be used for the glory of God.

The question for us becomes, are we using the gift we have been given to serve the Kingdom of God? Let us lift up those around us, gently helping them to know God has given them a gift as a birthright and wants to help them to develop this gift in unique and interesting ways. ♦

*Rev. Bruce Tamlyn is chaplain at the Silver Bay YMCA of the Adirondacks. E-mail: btamlyn@silverbay.org.*

## THE LAST WORD

By Bill Cameron

**I** grew up in Pennsylvania Dutch country. I often heard grown-ups repeat the truisms that reflected the collective wisdom of the local culture. A saying that meant little in my youth — but that now seems to me to embody one of life's great truths — is this:

"We grow too soon old and too late smart."

How true. As life moves along, we learn its lessons, often the hard way, and then say to ourselves, "I wish I had figured this out a lot earlier." Or we have some wonderfully enlightening experience and think, "Why couldn't this have happened to me years ago?"

The latest instance of this "too late smart" experience in my life came when I was asked by the

sponsoring organizations of the YMCA Hall of Fame to do some research on early YMCA heroes who had been overlooked for inclusion in the Hall.

That assignment took me to the incredible YMCA Archives at the University of Minnesota, as well as the archives of George Williams and Springfield colleges. It also sent me back to my long-neglected copy of Howard Hopkins's *History of the YMCA in North America*. I remembered trying to get into that tome when I was a newcomer to the YMCA and thinking it tiresomely dry and textbook-like.

But now I read Hopkins with new eyes. That formidably weighty volume seemed less a work of arid scholarship and more a living story to which I could relate through my own YMCA experience.

At those archives and in the pages of Hopkins and several other Y histories, I visited the lives of YMCA giants of the 19th and early 20th centuries whose visionary, dedicated and, often sacrificial

service, made possible today's Y.

The Hall of Fame selected 17 of these heroic leaders for induction at the recent Y-USA General Assembly in Salt Lake City. It was a moving ceremony. I was thrilled when the 3,000-plus YMCA volunteers and staff in the audience applauded enthusiastically, honoring their long-ago forebears.

Until the Hall of Fame gave me this chore, I hadn't given much thought to the incredible history of the YMCA Movement since I was subjected to a sketchy overview at "CDP" decades ago. I wish I'd paid more attention then, and made the effort to learn more throughout the years of my career.

I also wish that more young YMCA leaders could be gripped and inspired by the lives of the giants on whose shoulders we all stand.

Too late smart. ♦

*Bill Cameron is Vice President/East of the AYR National Board. E-mail: billcameron@comcast.net.*



Bill



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### AYREPORTS

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## A Great Rate; Plenty Of Time To Save

We're under a year away from AYR Reunion 2011 in beautiful San Diego, California. We know you'll be planning ahead, so here are the costs. Break out that piggy bank.

The Early Bird conference registration fee is \$249 per person from Jan. 1 to April 1. Fabulous room rate at the Town and Country Resort is just \$99 (single to triple). It's also available to all family and friends who register under our group name. A complete registration packet will reach you by mail soon.



**AYR Reunion • Sept. 13-17, 2011**

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