



CLIPPINGS

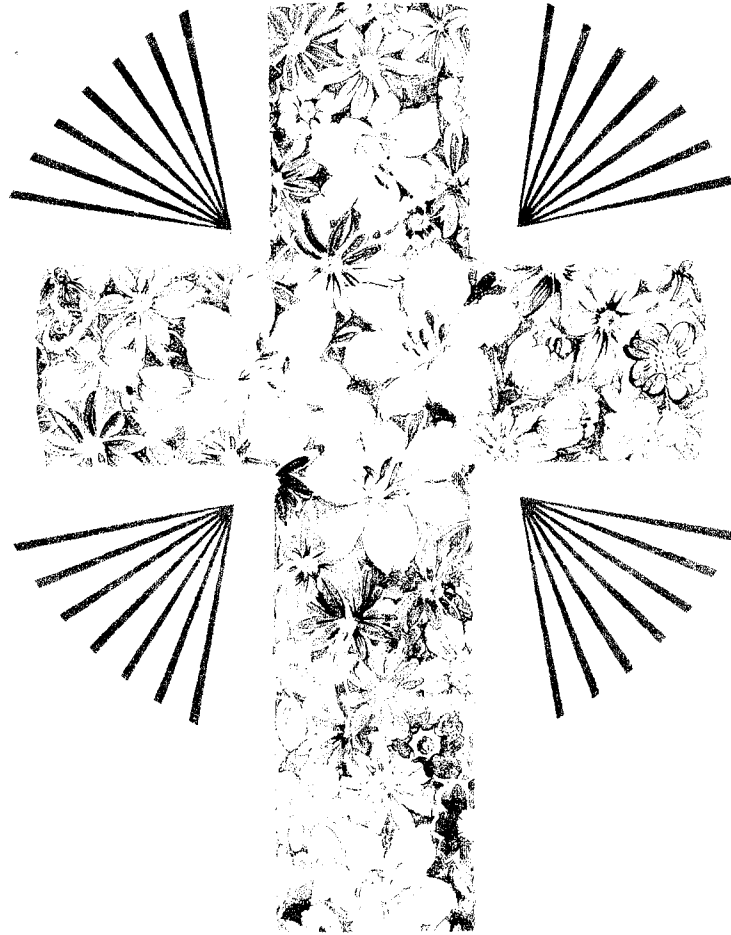
**NEWSLETTER OF THE CENTRAL ATLANTIC AREA
CHAPTER OF THE ASSOCIATION OF YMCA RETIREES**

**ASSOCIATION OF YMCA
RETIRES, INC. (AYR)**

CENTRAL ATLANTIC AREA CHAPTER

SPRING ISSUE

APRIL 2010



Alleluia!

May this Easter give you
many reasons
to rejoice in the Lord.

Happy Easter



TRANSFORMING LIFE'S GOOD FRIDAYS . . . BY HAROLD C. SMITH

Text: "The women found the stone rolled away from the tomb, but when they went in, they did not find the body. Suddenly two men in dazzling clothes stood beside them. "Why do you look for the living among the dead? He is not here, but has been raised up." Luke 24: 1-12

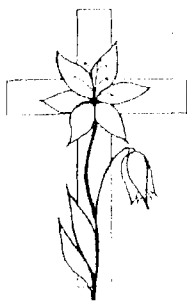
In one family, it is a Good Friday. A job has been lost, a career derailed. A serious illness has been diagnosed. A once-loving relationship has unraveled. But the other members of the family put aside their own lives and come together at the foot of their loved one's cross. Their love moves whatever mountains necessary, changes the course of whatever river is in their way. Together Mom and Dad and Sister and Brother bear one another's crosses to bring hope, healing, forgiveness - and resurrection - to every aspect of their life together as a family. The love of our families transforms every tragic and desperate Good Friday into Easter hope.....In this classroom, it is a Good Friday. The numbers and diagrams in the algebra text are a maze to the junior. She is lost and frus-

trated and discouraged and wants to quit. A tired, over-worked teacher just wants to go home after a long week, but, seeing her student's frustration, she takes off her coat, puts down her pile of books and papers, and patiently walks through the problems with the befuddled student. After a lot of hard work and patience, the "lights come on." A teacher's selfless caring and generous gift of time transforms this student's Good Friday into Easter light.....At corporate, it is a Good Friday. A single mother has lost all of her accrued vacation and leave time to care for her seriously ill child. She is about to lose her job - and the important medical benefits critical to her family's survival. Her co-workers devise a plan to pool some of their vacation time and cover her responsibilities so that she can keep her job and benefits while caring for her son. A Good Friday of desperation is transformed into an Easter of possibility.We sometimes find ourselves stuck in a Good Friday world - our problems batter us, overwhelm us, strain our ability to cope and make it all work. Our



Harold C. Smith

Alleluias are tempered by the reality; we approach this Easter Day with "Christ is risen, BUT..." But in raising his son from the dead, God vindicates the Gospel of his Christ: that good conquers evil, that love transforms hatred, that light shatters darkness. The story of Jesus does not end in the cold hopelessness of the cross but reaches ultimate fulfillment in the Resurrection. Easter calls us to embrace the Risen One's compassion and openness of heart and spirit, enabling us to transform the Good Fridays of our lives into Easter mornings. Amen.



He is risen, indeed. . .

EDITOR'S NOTE: HAROLD C. SMITH IS THE RETIRED FORMER PRESIDENT AND CEO OF THE YMCA RETIREMENT FUND. THIS ARTICLE APPEARED ORIGINALLY IN THE MARCH 2008 ISSUE OF THE OLD GUARD NEWS.

Central Atlantic Chapter Visits Herr's Snack Factory...



The "hardy" members of the Central Atlantic Area Chapter of AYR braved the cold and rain to journey to Nottingham, PA on Tuesday, February 23rd and enjoyed a guided tour of the Herr's Snack Factory. We learned how potato chips are made, how a pretzel gets it's color and how a tortilla chip gets it's seasoning. The tour started with a short video on the Herr family that started the business with a \$17,000 loan and has grown into a family business that employs over 1,400 men and women at this plant. Following the tour we enjoyed lunch and a time for fellowship the Posthouse Restaurant. Those attending included Prudy Brocklesby, Anne Moore, Don and Julie Painter, Maurice and Patricia Hight, James and Christine Brouse and Hank VanZanten.



CHAPTER OFFICERS

President - Maurice & Pat Hight

Vice President/Program - Hank & Lois VanZanten

Vice President/Membership Anne Moore

Vice President/Fellowship - Winifred J. Reuschle

Treasurer - Don & Julie Painter

Secretary - Prudy Brocklesby

Past President - Norm & Peggy Walters

Historian - JoAnn & Joe Millet

Announcing...

AYR's Create-a-Logo Contest

Since we have a new name and a new publication, it's time for a new logo. And who better to create that logo than one of our creative, talented, artistic, ingenious AYR chapter members.

That could be you. Or someone in your chapter.

We're sponsoring a **Create-a-Logo Contest** open to all AYR members. Entries will be judged by a panel of AYR officers. The creator of the winning design will receive a free registration for one person to the 2011 AYR Reunion in San Diego.

To avoid limiting artistic creativity, we're keeping the "rules" to just two:

1. The logo must have the letters AYR.
2. The design must be scalable; that is, it must look equally good big (for example, on a sweatshirt) or little (on a lapel pin).

Everything else – colors, graphics, shape, etc. – is up to the logo creator. Logos submitted need not be in final, polished form ready to print. A clear concept will do; we'll find a professional to finish the job.

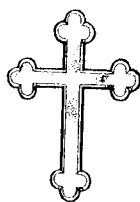
Entries should be mailed by **June 30th, 2010** to:

Betsy Jacobs
AYR Vice President-Membership
1035 Wald Rd.
Orlando, FL 32806

Help us with a design that will be the identifying symbol of AYR!

IN MEMORIAM

WE REMEMBER THOSE WHO HAVE GONE HOME



TED W. RESSLER died on march 1, 2010 at the age of 83. He served YMCAs in Rhode Island, New York, New Jersey, Maryland and Delaware over a 33 year career. He was a Past President of our Central Atlantic Area Chapter of YMCA retirees. He is survived by his wife.

THEY DO NOT DIE WHOM WE CALL DEAD, THEY GO FROM LIFE TO LIFE!

STUDY TRIP TO JERUSALEM AND JORDAN

Bonnie Mairs is planning to lead a study trip to Jerusalem and Jordan in May of 2010 for the YMCA of Greater New York. She has done this before in 2006 and 2008 and both times had a marvelous experience. The trip is designed so that people see the grass roots work of a concerned organization (YMCA), both in Jerusalem and in the West Bank; attempt to understand the tensions that continue to impact the area and learn how the three major religions work together. They plan to visit Petra in Jordan and will stay at the Jerusalem International YMCA.

For many this is a trip of a lifetime. It is not a pilgrimage though they plan to visit sites that are holy to three religions. It is open to all, YMCA retirees and other interested adults. Here is a great opportunity to see for yourself one of the most important and beautiful cities in the world, through the eyes of people who live there.

More information on costs and travel details may be obtained by contacting Chad Hiu at the YMCA International Branch in New York City. Call him at 1-212-875-4328 or E Mail him at chiu@ymcanyc.org. Bonnie Mairs may be reached at 212-666-4736.

NATIONAL AYR REUNION IN 2011

"Renewing the Spirit"

San Diego, California

September 13-17, 2011

FUN, FRIENDS, FELLOWSHIP





**2010 SPRING FLING
Central Atlantic Chapter AYR
May 26th & 27th**



Hershey Lodge in Hershey, PA
(The Sweetest Place on Earth)

Plan NOW to join your fellow "Y" retirees at the distinctly Hershey Lodge for two days of warm and welcoming fellowship. You will understand why HERSHEY LODGE has been certified by J.P. Powers and Associates for "Outstanding Guest Experience." Come and enjoy all the amenities of a full service hotel, also the largest convention resort in Pennsylvania, along with premier cuisine and delightful chocolate desserts.

Our program while in Hershey will include a two hour trolley tour of Hershey, a visit to the famous Milton Hershey School, a tour of Chocolate World, visit to the museum and colorful gardens and a closing buffet at the world renowned Hershey Hotel. On Wednesday evening we will hear from Bob Hastedt on the state of the YMCA Retirement Fund and receive an update from Bill Cameron on events planned for the new AYP format. We will also hold a brief Chapter business meeting and have time to look at the items available for our World Service silent auction.

You will be responsible for making your own room reservations with Hershey Lodge. This must be done by MAY 5 by calling 800-533-3131. Let hem know you are with the AYR group and have your credit card available. The room cost is \$159. plus tax for a double or a total of \$178. We encourage singles to double up with a friend to save costs. Conference registration fee is \$85.00 per person and includes all meals, trolley tour, Chocolate World, admission to Hershey museum and gardens, the social hour before dinner which includes snacks and non alcoholic beverages. A cash bar will be provided.

Check in time at the Hershey Lodge is 1:00 pm and our program will begin with the Trolley Tour at 2:00 pm. Hershey Lodge has an indoor swimming pool and fitness center for your use while staying there. We look forward to seeing you in Hershey.

2010 Central Atlantic Chapter Spring Fling Registration

Name _____

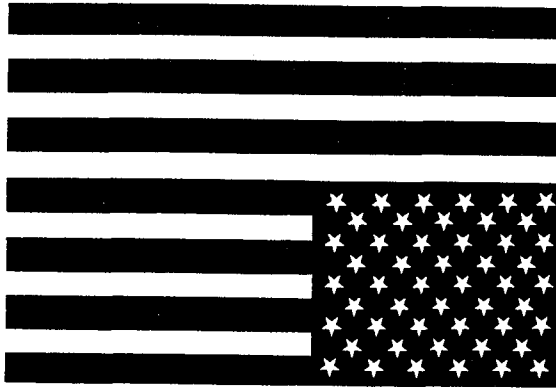
Address _____

City _____ State _____ Zip _____



Enclosed is my check for \$ _____ for _____ reservations. Send to Hank Van Zanten, 500 Minshall Rd, Springfield, PA 19064, payable Central Atlantic Chapter AYR.

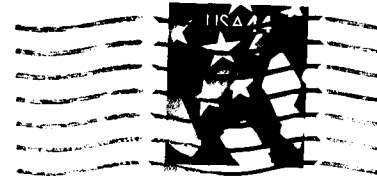
GOD BLESS AMERICA



Mission Statement
The mission of the North American Fellowship of YMCA Retirees is to enable members to promote a nurturing worldwide Christian fellowship that provides educational, social and charitable opportunities.



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