



# BUE-HOO NEWSLETTER

## HOOSIER-BUELL CHAPTER OF NAFYR

Volume 11, Number 3

September, 2010

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### Living Life

For a fleeting second, close your eyes and envision a large oak tree, standing in an empty field. A majestic tree, filled with leaves, takes center stage in your captured image. The tree represents an inspirational journey through life, from seedling to maturity.

For those with a blurred picture, you can go to [www.bonniemohr.com](http://www.bonniemohr.com) and view the painting of her image, followed by heartfelt words of inspiration. I share with you a few excerpts from Bonnie Mohr:

“Life is not a race—but indeed a journey. Be honest. Work hard, be choosy and say thank you to someone each day. Love your life and what you have been given—search for your purpose and do it the best you can. Dreaming does matter, it allows you to become what you inspire to be. Recognize the special people you’ve been blessed to know. Live for today, enjoy the moment.”

So I say “thank you” to the one-hundred eighty-two individuals who comprise the Hoosier/Buell Chapter. The total number of retirees receiving retirement checks totals 9,010 and 506 reside in Indiana and Michigan. Within the 506, the Hoosier-Buell Chapter garners a 35.9% market share, so there is ample room for growth. The National Retirement Fund recently instituted an “opt out” policy for declining to receive AYR information. Of the total YMCA Retirees, 10% “opted out” so in time, new lists will be available for marketing our efforts.

The detailed Hoosier-Buell study, conducted by Dr. Rose Berberian, pointed out

that personal contact is the best way to involve the 64.1% of Indiana and Michigan YMCA Retirees who are not participating in our Chapter. Take a second to review the list of current YMCA retirees and invite them to our “Winter Retreat” at Pokagon State Park near Angola, IN from January 4th to 6th. This time is selected to take advantage of the 2 nights for 1 lodging special. Also, from May 18th to 20th, a YMCA Alumni gathering will be held in Elkhart for three days of “FUN, FELLOWSHIP AND EDUCATION.” New retirees: Carla Giles, Debra Campbell, Judy Hill, Harry Watson, Kirby Falkenberg, Charles Gary, Eugene Litwiler, Mary Hetrick, Mary Holcomb, Donna Odom, Veregene Cole, Cynthia Kemple, Kathryn Todd, Michele Goodrich, Patricia Hall, Ugertha Smith-Savage, Lindsey Jones, Barbara Kenar-Schilling, Daniel DeBoer, Norris Lineweaver, Barbara Ramsey, Lucile Smith and Marc Miller.

A recent focus group study, conducted by the New England AYR Chapter, of pre-retirees and current retirees (not involved in AYR) pointed out that staying connected to the National YMCA Movement is their #1 interest. Thus, the Hoosier-Buell Winter Retreat in January will focus on “catching up” with the new YMCA logo, YMCA initiatives and strategies.

The “FUN, FELLOWSHIP AND EDUCATION” Reunion will be in the Greater Elkhart area, May 18th to 20th, 2011. Under the leadership of Bob Brown, a task force has met twice and are giving consideration to: Elkhart River Queen Ride, Dinner and Theater at Amish Acres in a barn, Life Enrichment session, individual time for selected tours and attractions, historian Paul Thomas (age 87), who is the Mayor of Main Street, and of course, the opportunity to renew friendships and meet new YMCA retiree alumni.

*(continued on Page 2, second column)*



## News From Our Members

**Ken & Joan Isherwood** enjoyed Cocoa Beach Florida in June with son Gary and family.

**Larry Sehy** has a new e-mail:  
larrysehy@yahoo.com

**Dave Bast** has been elected the East Representative (our district) for National AYR. He outlined AYR initiatives at our July 15th picnic in Cicero, IN. He and Jean visited Yellowstone Park and the Black Hills in July.

Correct phone numbers for **Neil & Jean Allen** in the directory are: 313-565-9886 and summer alternate 810-266-5114.

**Don & Ramona Stetson** attended his 50th High School reunion followed by 5 days of sailing along the Main coast.

**Don Franklin** became the new Director of the Carroll County Community Center in Flora, Indiana in March. The Center was a former YMCA. His new job is keeping him very busy in retirement.

**Margaret Schanz** has recovered from a fractured pelvis but is now wheelchair bound and also dealing with arthritis in both knees. She is now in an assisted living facility and her new address is:

Northville Senior Living  
311 Main Street, Room #4  
Northville, MI 48167

This is a brand new facility and Margaret is very pleased with her arrangement.

**Jack Doughty**, who retired from the National staff, but had worked in Battle Creek and Flint, is in the hospital for fluid retention problems. Lois said he enjoys hearing from his Y buddies—his home address is:

2703 Marshall Court  
Lewis Center, OH 43035

## Living Life—continued from Page 1

Thanks to the following individuals who are diligently dedicating their time for the 2011 Retreat: Vicky Blough, David and Angel Brittenham, Joyce Forman, Mary and Roy Gilliom, Steve Holcomb, Don and Valerie Keys, Hwa and Ken Stacy, Barry Stephens and Bob Brown.

Artist Bonnie Mohr shares that “Dreaming Does Matter.” In that spirit, I was invited (along with 5 others) to dream and create a Strategic Plan for the National AYR. In early August, we were sequestered like monks in Orlando, to dream the impossible dream. We agreed to disagree, but not be disagreeable, with the focus on one goal: **TO SUSTAIN AND STRENGTHEN AYR CHAPTERS**. It sounds corny, but AYR is moving to a bottom-up organization, rather than top-down. Twenty-two objectives were listed, with each one supporting the over-all goal. Since the plan has not yet been adopted by National AYR, I promise as one of the authors to share more in the next newsletter.

Ms. Mohr concluded, “recognize the special people and live for today.” I became a Hoosier-Buell member because Clark Ewing took time to share with me the benefits of joining the YMCA Alumni. I assure you that I have benefited more than I have given, so I emphasize to all 182 Hoosier-Buell members, the door is wide open for your involvement.

To those who closed their eyes to picture a tall oak tree and you still have your eyes closed, that falls under the classification of “cat nap.”

**Your President,  
Gary Unruh**

A well-worn one-dollar bill and a similarly distressed twenty-dollar bill arrived at a Federal Reserve Bank to be retired. As they moved along the conveyor belt to be burned, they struck up a conversation. The twenty-dollar bill reminisced about its travels all over the country. “I’ve had a pretty good life,” the twenty proclaimed. “Why, I’ve been to Las Vegas and Atlantic City, the finest restaurants in New York, performances on Broadway, and even a cruise to the Caribbean.” “Wow!” said the one-dollar bill. “You’ve really had an exciting life!” “So tell me,” said the twenty, “where have you been?” The dollar bill replied, “Oh, I’ve been to the Methodist Church, the Baptist Church, the Lutheran Church.” The twenty interrupts, “what’s a church?”

## Birthdays

### October

1st	Patrick Rode
3rd	Gary Unruh
3rd	William Graham
8th	MaLes Lineweaver
9th	Virginia Hayes
13th	Darrell Huggins
15th	Hugh Davidson
21st	Martha Chandler
22nd	Joel Alderman
22nd	Jim Simon
23rd	Shirley Alderman
25th	Lise Johnston
28th	Don Reap



### November

2nd	George Haddad
2nd	Linda MacQueen
4th	Ralph Kull
8th	Keith Bixler
10th	Don Rowe
11th	Carol Powell
25th	Judy Mulraney
25th	Peggy Himes
25th	Lyn Schlegel
30th	Herb Snell
30th	Glenna Sheets

### December

1st	Betty Davidson
3rd	David Bergman
3rd	Fred Pettey
4th	Julie Moak
7th	Valerie Keys
8th	Carol Hemdal
8th	Mary Gilliom
8th	Jeanne Marsh
19th	Lou Drexler
19th	Robert C. Williams
20th	Eugene Sheets
26th	Ida Verschoof
29th	Barbara Wiseman

## Anniversaries



### October

10th	David & Angel Brittenham
12th	Jim & Joyce Malmgren
20th	Keith & Luana Bixler
22nd	Bob & Carol Davis
24th	Fred & Judy Pettey
28th	Don & Martha Vreeland
28th	Web & Linda Hagadone

### November

16th	David & Peggy Himes
30th	Kirby & Claudia Falkenberg

### December

9th	Richard & Carol Powell
15th	Joel & Shirley Alderman
16th	Don & Ramona Stetson
19th	Dave & Jean Bast
24th	Mike & Gwen Long-Lucas
28th	Ray & Lise Johnston
30th	Don & Dorothy Reap

## 2009-11 Chapter Officers

<b>Gary Unruh</b> , President	810/220-1364 garyunruh@comcast.net
<b>Larry Hemdal</b> , Vice President	219/766-2102 lshymca@verizon.net
<b>Don Reap</b> , Past President	765/675-9391 dndreap@nupoint.net
<b>Neil Allen</b> , Secretary EAF, MI	313/565-9886 neilymca@comcast.net
<b>Don Stetson</b> , Treasurer & Membership	765/282-4647 drstetson@hotmail.com
<b>Roy Gilliom</b> Member at Large, IN	260/749-4476 rdgilliom@verizon.net
<b>Larry Sehy</b> Member at Large, MI	269/684-0874 lksehy@sbcglobal.net
<b>Lou Drexler</b> EAF, IN	317/887-1930 l_drexler@yahoo.com
<b>Richard Powell</b> World Service	989/686-7425 piainsagency83@yahoo.com
<b>Jean &amp; Neil Allen</b> Newsletter Editors	313/565-9886 neilymca@comcast.net



## Remembrances of our Picnic Thurs., July 15th At Red Bridge Park, Cicero, IN

It was a fantastic 2010 Hoosier-Buell AYR Chapter Picnic with, as always, terrific food, great fellowship and a beautiful day even though the temperature was in the 90's. Rain stayed away although it possibly came down on a few as they drove home.

Twenty-five were in attendance: Dave & Jean Bast, Dave & Lou Bergman, Lou & Sandra Drexler, Clark & Marilyn Ewing, Judy Moore (a special friend of the Ewings), Roy & Mary Gilliom, Web & Linda Hagadone, Ruth Hall, Bob & Sally Howard, Don Keys, Dan & Marilyn Sager, Don & Ramona Stetson, Gary & Karen Unruh and Don & Dorothy Reap (our hosts).

Beautiful gladiolas were brought to the picnic by the Berman's and each lady had the opportunity to take more home. Lou Bergman surprised everyone by playing several songs on her accordion. Clark led us in singing and the harmony was surprisingly good for us "old timers."

The Reaps were totally surprised when the group presented Dorothy with a "hot dog/brat hat," and an apron signed by all in attendance was given to Don. They also received 2 unique plates imprinted with the old YMCA emblem, fashionable for many of us as we associate the words "spirit, mind and body" with this emblem. They also brought 2 plates for Paul and Patty Bradley, who couldn't make the picnic this year but Paul has supplied his boat for rides around the lake for many years. President Gary gave the Reaps an appreciation certificate, expressing our thanks for their 15 years of hosting the picnic.

What venue is in the hopper for next summer is a question we will have to answer, as the Reaps have said this year's picnic is the last for them to host. Hopefully, another couple will come forward and continue this great tradition.

The Reaps thank all who traveled many, many miles over the years, some who are no longer with us and some who are now too ill to make the trip. There would not have been picnics without the participating of our Hoosier-Buell members, so the Reaps say: "Thank you—thank you for the wonderful memories, and may our Good Lord shower each and everyone with His Love and His Peace."

***Don & Dorothy Reap***  
**Picnic Hosts 1996-2010 for the Hoosier-Buell AYR Chapter**



Dave Bast, the newly elected East Representative for the National AYR, briefly outlined the AYR initiatives.

In honor of their hard work and dedication to the picnic for 15 consecutive years, those in attendance insisted the Reap's be first in line for a vast array of food choices.



## More Picnic Photos



Mary Lou Bergman entertained us with her accordion. She also shared an interesting new Instrument called a QChord, made by Suzuki. You press a chord button and strum the strings. She promised to bring it to our May gathering In Elkhart, IN.

Mary Gilliom “crowned” Dorothy Reap  
The Queen of the Hoosier-Buell Cookout.



Don & Dorothy Reap supplied the brats and burgers and everyone brought a dish to pass. Mary Gilliom, Sandra and Lou Drexler, Dave Bergman and Web Hagadone lined up to fill their plates.



## A Brand New Day: The YMCA Unveils New Brand Strategy to Further Community Impact

(extracted from a YMCA News Release 7/12//10)

WASHINGTON, D.C.—For the first time in 43 years, the YMCA has unveiled a new brand strategy to increase understanding of the impact the nonprofit makes in communities. Through its new brand strategy and framework, the nonprofit will extend its reach into communities to nurture the potential of youth and teens, improve the nation's health and well-being and provide opportunities to support neighbors.

The YMCA unveiled a new, more forward-looking logo that reflects the vibrancy and diversity of the organization and a framework that focuses resources on three core areas: youth development, healthy living and social responsibility. In another major change, the nonprofit will be called “the Y” to align with how people most commonly refer to the organization. The national resource office, YMCA of the USA, has already begun the transition to the new brand. Ys across the country will transition fully within five years.

As part of the Y's assessment of community need, the organization surveyed a cross section of Americans to learn more about the most pressing issues and challenges facing their communities today. Among the key findings of The Y Community Snapshot—56% of Americans are strongly satisfied with their own lives today, while 66% say the current quality of life in their community is worse than it was a year ago. When asked about what the future holds for quality of life in their community, Americans were divided—51% were optimistic about the future while 49% were not.

“People are concerned about the problems facing their communities. Like the Y, they understand that lasting change will only come about if we work together to improve our health, strengthen our families and support our neighbors. Our hope is that

*(continued next column)*

more people will choose to engage with the Y,” said Neil Nicoll, president and CEO of the YMCA of the USA.

“We are changing how to talk about ourselves so that people better understand the benefits of engaging with the Y,” said Kate Coleman, senior vice president and chief marketing officer of the YMCA of the USA. “We are simplifying how we describe the programs we offer so that it is immediately apparent that everything we do is designed to nurture the potential of children and teens, improve health and well-being and support our neighbors and the larger community,”

The Y's former logo had been in place since 1967 and was the organization's sixth since its inception. The refreshed logo, with its multiple color options and new, contemporary look, better reflects the vibrancy of the Y and the diversity of the communities it serves. The new logo's bold, active and welcoming shape symbolizes the Y's commitment to personal and social progress.

**YMCA of USA Editor's Note: This new brand announcement represents a transition in the correct way to refer to the Y in writing. “The Y” should be used whenever referring to the collective organization. “The” should be lower case unless it is used at the beginning of a sentence.” YMCA should be used when referring to a specific location, i.e., “The YMCA of Greater Louisville.”**



1st graders were asked to complete the last half of a well-known proverb—their answers are in **italics bold**:

- Strike while the **bug is close**.
- It's always darkest before **Daylight Savings Time**.
- Don't bite the hand that **looks dirty**.
- A penny saved is **not much**.
- A bird in the hand **is going to poop on you**.
- Don't bite the hand **that looks dirty**.
- A miss is as good as a **Mr**.
- Better late than **pregnant**. (the winner!)

Thank you, Mary Gilliom!

## Another Y Career Story— *Richard Powell*

Richard began his YMCA career in 1960 when he accepted a position with the Aurora, IL YMCA. In 1964, he received a John R. Mott scholarship at Springfield College, where he received his Masters degree in Community Leadership. Upon graduation, he participated in a World Service project in Guiana, South America. His wife, Carol, joined him there.

He returned to YMCA work in Decatur, IL where he served as Physical Director and then Assistant General Executive. His last YMCA experience was as CEO of the Bay



City YMCA in 1970, and Flint, MI where he retired in 1983.

He currently lives in Bay City, MI and is owner of Powell Insurance Agency. He remains active in and provides as-

sistance to the Bay City YMCA, which is currently building a new facility.

He has three children and five grandchildren, which he and his wife, Carol, thoroughly enjoy. He now serves as chairperson for World Service for our Hoosier-Buell Chapter of AYR.

Dick's hobbies are woodworking, fishing at their cottage in Kalkaska, MI, and gardening. He enjoys all the activities with Hoosier-Buell AYR and encourages every retiree to get involved with their fellowship and membership.

## Mark Your Calendars

Pokagon Winter Retreat, **Jan. 4-6, 2011**, Potawatomi Inn (2 nights for the price of 1).

Spring Gathering, Elkhart, IN., **May 18-20, 2011**. More information to follow. Bob Brown is chairing.



## National AYR Reunion in San Diego—*Gary Unruh*

During the business portion of our YMCA Alumni gathering in Frankenth, Roy Gil-liom asked a pertinent, pointed question: "How many are planning to attend the 2011 Na-tional AYR Reunion in San Diego?"



Candidly, I was surprised at the strong showing of attending hands. In fact, I checked the chairs after the session to make sure they were not electrified. As Hoosier-Buell President, I urge you to SAVE THE DATES OF SEPTEMBER 13-17, 2011. Last year, I had the opportunity to attend the site location at the Town & Country resort and Convention Center, and it is an awesome site. A special \$99 per night room rate has been negotiated. The rates are guaranteed 3 days prior and 3 days after the reunion. The rooms are comfortable and each has a private balcony. The lodging is adjacent to a golf course, shopping, popular eateries and close access to the trolley system, which will take you any where you desire. Yes, the resort property is large in size, but AYR has a fleet of golf carts to transport you around.

Now, the best news of all, an early bird registration fee of \$249 includes five meals, entertainment, inspiration and comical speakers and opening and closing sessions. Plus, ample time has been planned for fellowship with new and YMCA Alumni.

The Planning Committee, comprise of Pat Ritter (chair), Stew Brown, Jack Tillman, Pearl Carpenter, Marian Bolton, Ed Glass, Bea Halk, John Brooks, Phyllis Murphy and Mike Robinson, have done an admirable job of listening to the AYR membership and responding with a positive program.

I encourage you to do to the web site: [www.yretirees.org](http://www.yretirees.org) and click on reunions for more information.



Neil & Jean Allen  
Hoosier-Buell Editors  
430 N. Silvery Lane  
Dearborn, MI 48128

*The mission of the Association of YMCA Retirees is to promote a nurturing worldwide Christian fellowship that provides educational, social and charitable opportunities.*

✂-Cut here and mail form today ✂

**Hoosier Buell Chapter, NAFYR 2010 DUES  
2010 Membership Registration**

Yes, I/We want to keep in touch with old friends and colleagues, and support the Hoosier Buell Chapter of NAFYR. Membership is January 1<sup>st</sup> and ends December 31<sup>st</sup>.

Name: \_\_\_\_\_ Spouses Name \_\_\_\_\_

Address/City/Zip/State: \_\_\_\_\_

E-mail: \_\_\_\_\_

The enclose check is for:

Annual Chapter Dues (\$10.00 per person)	\$ _____
Contribution to the Chapter	\$ _____
World Service	\$ _____
Emergency Assistance Fund (EAF)	\$ _____
In Honor of, or In Memory of _____	\$ _____
	<b>TOTAL \$ _____</b>

Other news you care to share: \_\_\_\_\_

Birthdates (Month/Day/Year): (Retiree) \_\_\_\_\_ Spouse) \_\_\_\_\_

Anniversary (Month/Day/Year): \_\_\_\_\_

**Make check payable to the Hoosier-Buell Chapter of NAFYR, and mail to:  
Don Stetson, Treasurer, 5501 W. River Rd., Muncie, IN 47304**